# FBMA LADIES CYCLE SPORTIVE YAS MARINA CIRCUIT





# **Important Timings**

5.00pm Registration Desk Opens

6:00pm - 7.00pm Practical Cycling Workshop

7:15pm FBMA Ladies Criterium Cycle Race

8.45pm Awards Ceremony

# **Race Day Information**

## **Parking Area**

There is ample parking at Yas Marina Circuit - near the GoKart track - available for all participants and spectators.

## **Bibs, Timing Chips & Results**

Race chips and bibs to be collected on the day near the start point. Please see above schedule for registration desk timings.

All chips are supplied with a chip holder for placement on the front fork of the bike.

Please remember that without a timing chip you will not receive a time and the timing chip will not work if you wear it on your arm.

Please ensure the timing chip is returned to staff at the end of the race.

Results from the race will be available live at adsc.ae or gulfmultisport.com

## **More Information**

This event will incorporate a cycling familiarisation session from 6pm - 7.00pm where ladies will be invited to a practical cycling workshop led by our qualified cycling instructors.

At 7.15pm the FBMA Ladies Criterium race will start - all ladies will be given 60 minutes to complete as many laps of the Yas Marina F1 circuit as possible.

The bell will be rung at 60 minutes after the start of the race and all riders are to then complete their current lap. The winner will be the rider who has completed the most amount of laps within this time.

Ladies are required to complete a minimum of 2 laps to be eligible for a finishers medal and a certificate.

#### **Finish Line**

At the completion of your event please follow marshall instructions and remove yourself from the path of participants still cycling. Finisher medals will be available at the finish line.

## **Ladies Only Event**

This is a ladies only event - men will not be permitted to cycle or to attend as a spectator at this event.



# Other Information

#### **Medal Presentation**

Medal presentations will be held at approximately 8:45pm.

## **Spectators**

We love to see family and friends supporting cyclists on the course and would appreciate your understanding in observing the following guidelines:

- · Please keep all children well clear of the course especially around the start/finish area.
- Do not obstruct or get in the way of the cyclists for your safety and theirs.
- Do not alter the course by moving barriers or cones in an effort to get closer to the cyclists to take photographs.
- · Please be supportive and help to make this a memorable day for our competitors.
- . Clap and cheer the cyclists as you help to bring them home after their champion effort.

Event email - events@gulfmultisport.com





